

dōTERRA Serenity®

Restful Blend 15 mL

dōTERRA®

PRODUCT INFORMATION PAGE



CPTG Certified Pure Therapeutic Grade®

Application: **A** **T** **N**

Ingredients: Lavender Flower, Cedarwood, Ho Wood Leaf, Ylang Ylang Flower, Marjoram Leaf, Roman Chamomile Flower, Vetiver Root, Vanilla Bean Absolute, Hawaiian Sandalwood Wood

Aromatic Description: Warm, floral, herbal

PRIMARY BENEFITS

- Promotes relaxation and a restful sleeping environment
- Lessens feelings of tension and calms emotions
- Calms the mind and soothes the senses
- When accompanied with dōTERRA Serenity Restful Complex Softgels, provides a natural solution for a restful night's sleep*

dōTERRA Serenity®

Restful Blend 15 mL

Part Number: 49530001

Wholesale: \$30.00

Retail: \$40.00

PV: 30

Serenity Combo Pack

15 mL bottle and 1 bottle of dōTERRA Serenity™ softgels

Part Number: 60200524

Wholesale: \$45.00

Retail: \$60.00

PV: 40

PRODUCT DESCRIPTION

The newly updated dōTERRA Serenity Restful Blend has a calming and relaxing aroma that provides a unique user experience. This perfectly balanced, tranquil blend can be felt immediately, transporting the user to a state of blissful repose. dōTERRA Serenity combines essential oils renowned for their ability to lessen feelings of tension and calm emotions, and support a restful sleep when used aromatically. Apply one to two drops to the hands and inhale throughout the day to help reduce worry from life's daily stressors, or diffuse at night to help quiet a restless baby or child. The addition of Cedarwood, Ho Wood, and Vetiver essential oils gives dōTERRA Serenity a grounding aroma that calms the mind and soothes the senses. dōTERRA Serenity can be used in conjunction with dōTERRA Serenity Restful Complex Softgels. The dōTERRA Serenity essential oil blend creates a relaxing environment while the softgels promote a restful night's sleep.*

USES

- Diffuse at night to calm a restless baby or child.
- Apply to bottoms of feet at bedtime to help unwind before going to sleep. Use in conjunction with dōTERRA Serenity Restful Complex Softgels for an enhanced effect.
- Inhale directly from hands or diffuse throughout the day to help lessen tension.
- Add 2–3 drops into a warm bath with Epsom salts to create a relaxing, renewing experience.
- Apply 2–3 drops to the back of the neck or on the heart for feelings of calmness and peace.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.