dōTERRA On Guard®
Protective Blend 15 mL

PRODUCT DESCRIPTION

dōTERRA On Guard, a proprietary essential oil blend, provides a natural and effective alternative for immune support.* As one of dōTERRA’s best-selling blends, dōTERRA On Guard protects against environmental and seasonal threats with essential oils known for their positive effects on the immune system.* dōTERRA On Guard can be taken internally on a daily basis to maintain healthy immune function and support healthy cardiovascular function.* It can also be used on surfaces throughout the home as a non-toxic cleaner.* When diffused, dōTERRA On Guard helps purify the air, and can be very energizing and uplifting. dōTERRA On Guard provides cleansing and purifying benefits.

USES
• Add two to three drops in a veggie capsule for a quick immune boost.*
• Add to water for an effective all-purpose surface cleaner.
• Soak sliced apples in water and a few drops for a healthy, immune-boosting snack.*
• Combine a few drops of dōTERRA On Guard with Fractionated Coconut Oil for a natural hand cleanser.

DIRECTIONS FOR USE
Diffusion: Use three to four drops in the diffuser of your choice.
Internal use: Dilute one drop in 4 fl. oz. of liquid.
Topical use: Apply one to two drops to desired area. Dilute with dōTERRA Fractionated Coconut Oil to minimize any skin sensitivity. See additional precautions below.

CAUTIONS
Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor’s care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.